

∵ Main Takeaways



Jane Smith is having difficulty with independent toileting and due to pain in her knees she is also having trouble with independent showering. Her care plan has been adjusted in the morning for additional support with hygiene and personal care.



Caregivers have been provided with transfer technique training - some prompts to help with standing include: rock back and forth before standing, count to 3, position legs at hip width apart, lean forwards so nose is in front of toes for the stand.



Environmental adaptations are suggested - a raised toilet and raised armchair will help Jane Smith to stand up more easily and minimize pain in her knees.

Q Top Care Recommendations

Possible High Risk Of Falls

A possible high risk of falls was detected, indicating a need for a falls risk assessment, due to the following suspected medical conditions: difficulty with mobility/transfers and lower limb pains.

RECOMMENDATIONS

- ✓ Consider medical evaluation to identify the cause of and provide treatment for pain.
- Consider referral to OT / PT for evaluation of transfers and function.
- Encourage use of mobility aid for stability and safety while walking and keep within reach at all times.

ACTION TAKEN

Jane received medical evaluation and a referral to an OT. The OT met with Jane and reviewed tips for showering safely and gave daily exercises to perform.





Great Client/Caregiver Match

Great care was detected demonstrating a positive client/caregiver match.

RECOMMENDATIONS

- Strive to consider positive notifications and great client/caregiver match when organizing care shifts.
- Continue to encourage words of positivity during routine care and difficult tasks.

Highlighted Moments:

Positive Interaction | Exceptional Care | Positive Interaction | Jan 4, 2023, 10:56pm | Jan 7, 2023, 11:31pm | Jan 8, 2023, 11:45am | Jan 11, 2023, 11:45am | Jan 21, 2023, 8:33am

Notable Events

O PHYSICAL DISTRESS

Jan 11, 2023 at 11:43pm

Note: Jane Smith is having difficulty with bending down due to pain in her knees. This will be reviewed in her OT appointment next week.

© Exceptional Care

Jan 17th, 2022 at 10:10am

Note: Casey provided kind, compassionate care when helping Jane shower, reassuring her and enabling her to perform tasks independently.

Over the last month, we noticed that the Sensi in your loved one's home was picking up on increased difficulty doing every day things such as showering and toileting. We had a talk with Jane about getting her some help for these tasks, and she said that ever since then she feels a lot safer and has been feeling less pain.

We also made sure to review proper transferring techniques with all of the caregivers on your loved one's case, and have noticed a decrease in difficulty with those tasks.

We are here if you would like to discuss anything in this report further.

Warm Regards,

Carrie Johnson

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